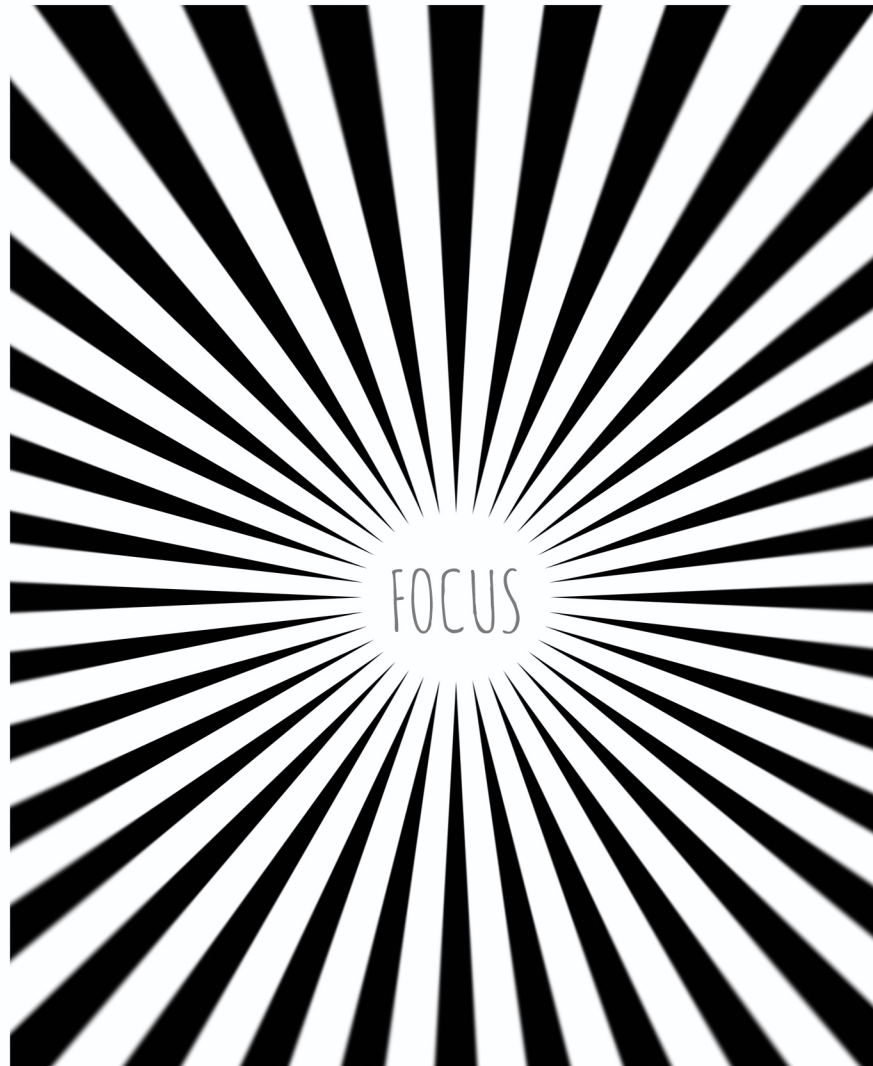


# Focus Card



F  
O  
C  
U  
S

First things first.



Organise my thoughts.

Come up with a plan.

Understand my priorities.

Strive to be my best.