Homework

I don't get upset or frustrated. I remind myself that I can do this!



I look at the examples and read the instructions slowly and carefully.

After my snack

I break my work into small pieces and decide when I will do each part.

After a good stretch now

I ask for help if I need help with making

my priority list and focusing on the most important work first.

Ideas for your list: What needs to be done today What needs to be done tomorrow What needs to be handed in What needs to be reviewed









I feel confident that I understand that I understand the material everything



I take small breaks between each project. I reward myself for doing a good job at the end by doing something I love.