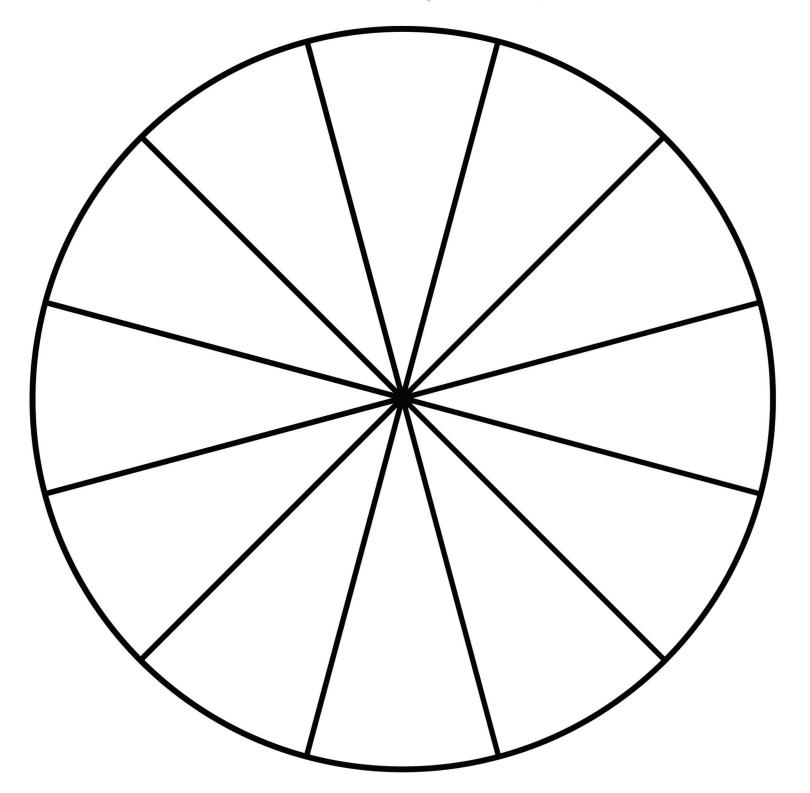


## Drain or fuel How is what I am doing affecting me?



Create your own system for describing you an activity affects you.