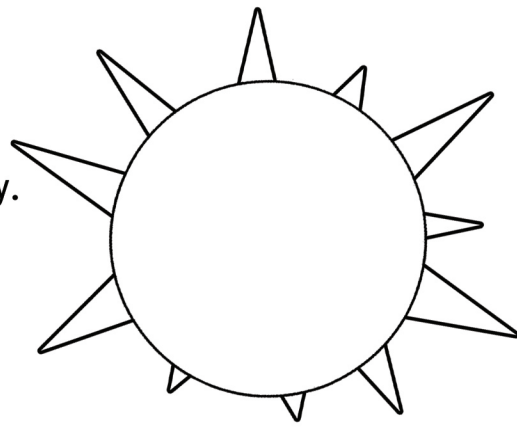


SUMMER GOALS

Come up with 3 things you can do in each category.
Write them down and follow through.



3 kind actions I can do for myself:

3 Ways I can declutter and simplify my room/home/life:

3 Ways I can practice being in the moment:

3 Services I can do for my family/community/neighborhood:

3 Things I can do to show my appreciation for my friend(s):

3 Positive habits/practices I want to work on this summer:
