

# KINDNESS



## Every

act of kindness



counts

## IDEAS

- Do something nice for someone
- Listen and care for each other
- Stay positive
- Share your gratitude
- Treat each other with respect
- Speak with courtesy
- Share something nice
- Have fun
- Include others
- Volunteer
- Share what you can
- Be patient
- Help out
- Encourage
- Do your best
- Give from the heart
- Make someone laugh
- Smile
- Give a compliment

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