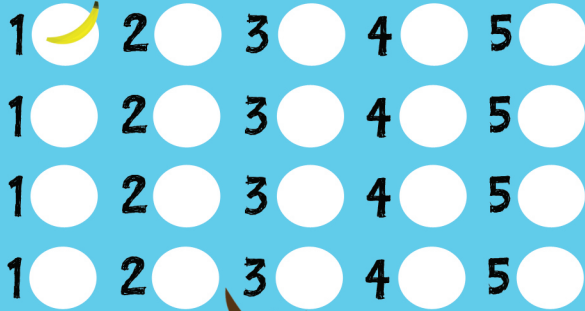


Mes respirations profondes

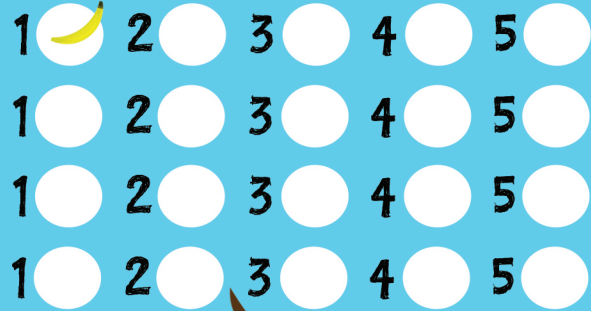
Je prends 5 respirations
lentes et profondes...
...j'inspire et j'expire



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Mes respirations profondes

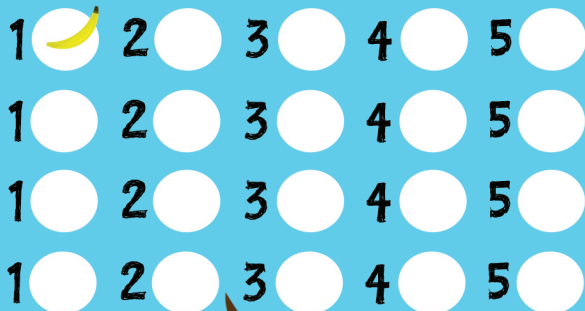
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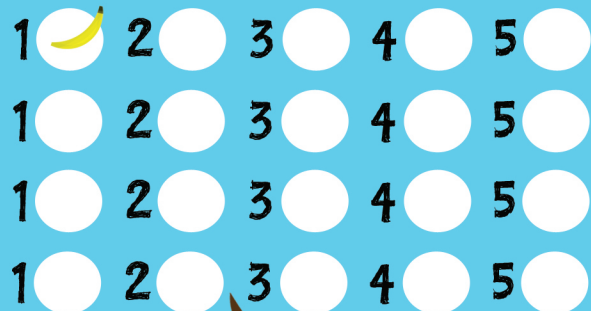
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