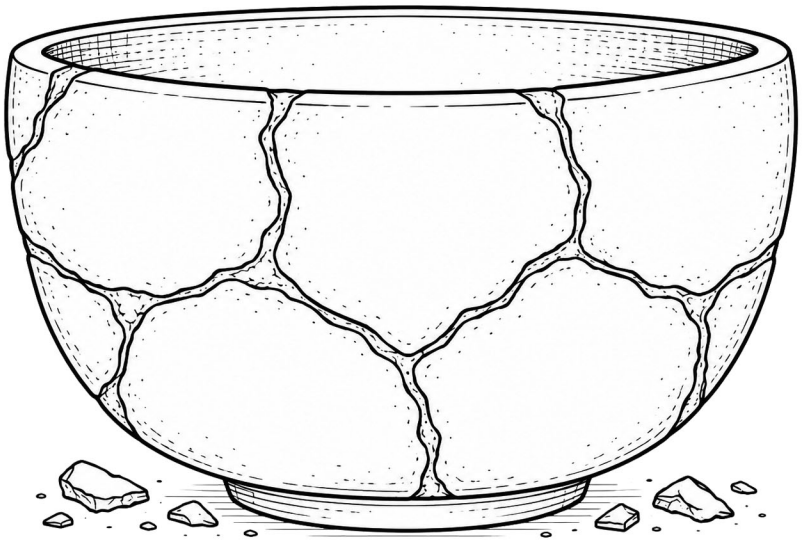
Making Things Right - *Little Steps Toward Repair*

We all make mistakes. Sometimes our words or actions hurt others, even when we don't mean to. While we cannot always undo what happened, we can take small steps toward understanding, healing, and making things right.

1. PAUSE & REFLECT
Take a moment to think about what happened. How might everyone be feeling?

2. TAKE RESPONSIBILITY
Recognize your part in what happened. What could you have done differently?

3. LISTEN WITH CARE
Give others space to share their feelings. Listen to understand, not just to respond.



4. MAKE AMENDS
A sincere apology is a beginning. What could you say or do to help make things better?

5. GIVE IT TIME
Some things take time to heal. Be patient with yourself and others. Making things right doesn't mean being perfect. It means being willing to learn, care, and grow.

The Beauty of Kintsugi

In Japan, there is a special art called Kintsugi, where broken pottery is repaired with gold. Instead of hiding the cracks, they become part of what makes each piece beautiful and unique.

Kintsugi reminds us that something broken can still be beautiful and valuable, and that every crack has a story to tell.

This printable is inspired by this idea. Just like broken pottery, we can find ways to make things right when we make mistakes or hurt someone's feelings. With kindness, patience, and care, we can learn, grow, and make things better.

Content created for Plant Love Grow by Elaheh Bos
©plantlovegrow 2026 – ©Elaheh Bos 2026 All rights reserved

For personal use only. Not for sale.