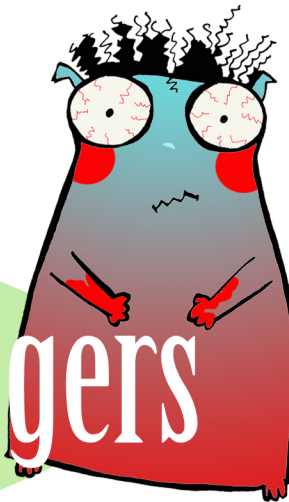




My anger triggers



My anger trigger is:

My action plan:

Handwriting practice lines for the worksheet. Each line consists of a solid top line, a dashed middle line, and a solid bottom line. A green arrow is positioned in the center of each line, pointing to the right.