Cactus friends
Get too close and you’ll get hurt!

They may pretend to be your friend,
but they are not.
They make mistakes and may pretend to apologize.
They pick on you or others.
They want to control you.
They ask you not to tell others if they have hurt you.
They don’t want you to have other friends.
They don’t let you have a say over things.
They say bad things about you in front of you.
They say bad things about you behind your back.
They hurt your feelings on purpose.
They make you feel bad about the way you look.
They don’t care about your opinion.
They like to get you in trouble.
They create stories about you that are not true.
They make you feel miserable.
You don’t feel safe when they are around.

YOU are allergic to cactus friends.

Flower friends
Everyone blooms together!

They genuinely care about you as a friend.
They make mistakes and apologize.
They are respectful of your feelings.
They like you as you are.
They make sure that you are safe.
They understand that sometimes you want to play with other people.
You can work things out when issues come up.
They will not tease you if you tell them to stop.
They will talk to you directly if there’s a problem.
You can discuss together if you have bruised each other’s feelings.
They support you and encourage you to be yourself.
They respect your opinion even if it’s different.
They like to play and have fun with you.
They tell the truth.
They make you feel good about yourself.
They want to spend time with you.
You feel safe with them around.

YOU want to bloom with other flower friends.